

## SCREENING:

**CentroMed:** For low-income, uninsured women ages 40-49. Dental assistance offered.

South Park Clinic: 6315 S. Zarzamora  
San Antonio, Texas 78211. (210) 977-7920.

Southside Clinic: 910 SW Military Drive  
San Antonio, Texas 78221. (210) 923-4646.

Somerset Family Clinic: 7315 S. Loop 1604 W.  
San Antonio, Texas. (210) 624-3045.

Walzem Clinic: 5253 Walzem Road  
San Antonio, Texas. (210) 651-1050.

**CommuniCare Health Centers:** For low-income, underinsured/uninsured women. Dental assistance offered.

Barrio Family Health Center: 1102 Barclay  
San Antonio, Texas. (210) 434-3271.

Frank Bryant Health Center: 3066 E. Commerce  
San Antonio, Texas. (210) 233-7040.

**Christus Santa Rosa Mobile Mammography Unit:** For women ages 40 and over. Appointment Line: (210) 704-4100.

**University Health System Women's Breast Health Program:** Screening services for women of all ages. Can help with enrollment for Medicaid if a diagnosis occurs. (210) 358-7020.

Mobile Mammography Unit (Healthy U Express):  
Appointments and information: (210) 358-3720.

CareLink Program: Sliding scale financial assistance program for healthcare services through UHS. (210) 358-3350.

**YWCA of San Antonio, ENCORE<sub>plus</sub> Program:** For uninsured/underinsured women ages 40-49 who have not had a mammogram within the last 12 months. Provides breast health education and referrals for low-cost mammograms. (210) 433-9922.

## OTHER SERVICES:

**Alamo Breast Cancer Foundation:** Offers breast health education materials, education, events, patient navigation of agencies that provide free or low-cost screening. Involved in legislative breast cancer advocacy. (210) 692-9535.

**American Cancer Society:** Local ACS provides the Road to Recovery Program that provides transportation to and from breast cancer-related appointments. (210) 614-4212.

National Patient Services & Programs Helpline: Provide referrals/navigation to a variety of local agencies that help with various cancer issues such as lodging, screening, co-pay assistance, beauty, prostheses, etc. 1- 877-227-1618.

Rio Grande Valley Office: (956) 682-8329  
Corpus Christi Office: (361) 857-0136

**Cancer Hacks by LiveStrong:** An online tool that allows cancer patients, survivors and caregivers an opportunity to share tips, tricks and ideas to make life with cancer a little easier and more manageable. [www.cancerhacks.org](http://www.cancerhacks.org)

**Cancer Legal Resource Center:** Legal assistance for cancer-related issues including insurance/benefit issues, estate planning, employment, etc. 1-866-843-2572.

**Christian Assistance Ministry:** Provides referrals for low-cost counseling services, rent/utility/prescription assistance (limited), clothing/toiletries, school supplies, etc. (210) 223-6648.

**Martinez Street Women's Center:** Eastside community resource center. Provides breast health education and screening referrals to uninsured/underinsured, low-income women in the southeast and southwest areas of San Antonio. (210) 534-6638.

**Partnership for Prescription Assistance:** May be able to provide help with paying for prescriptions. 1-888-477-2669.

**Patient Advocate Foundation:** Offers co-pay assistance for certain cancers. Breast cancer assistance available. 1-866-512-3861.

**PRMA:** Provides breast reconstruction surgery services. Financial assistance may be available. 9635 Huebner Road, San Antonio, Texas. (210) 692-7584.

**SLEW Wellness Center:** Provides cancer aftercare services for low-income survivors including counseling, lymphatic drainage, breast prostheses, wigs, scarves, etc. (210) 654-7900.

**ThriveWell Cancer Foundation:** Offers nutrition and wellness/exercise programs for cancer survivors. Also provides co-pay assistance and transportation services for patients. (210) 593-5949.

**United Way of San Antonio & Bexar County:** Patient navigation for health and human services of various types. They will offer patient 3 agencies to contact based on need: CALL 211.

**WINGS:** Breast cancer treatment for uninsured women. 7500 Highway 90 West, San Antonio, Texas. (210) 946-9464.

### **BREAST CANCER SUPPORT GROUPS:**

**Baptist Breast Center- Sisters n Healing Mentor Program:** The Sisters in Healing Mentor Program matches newly diagnosed survivors with specially trained, post-treatment breast cancer survivors of a similar journey. Through one-on-one communication, women benefit from hearing first-hand what to expect during their cancer care pathway.

Contact: Kathy Friedrichsen at (210) 730-9615 or kwfriedr@baptisthealthsystem.com

**Breast Friends Forever Young Survivors:** Empowers patients/survivors to take charge of their overall well-being against cancer typically under age 40. Times and dates vary.

Contact: Sandra San Miguel - (210) 562-6502 or sanmiguel@uthscsa.edu

**Keep Abreast:** Support groups for all breast cancer patients. Meets 1<sup>st</sup> Monday of each month (2<sup>nd</sup> Monday when 1<sup>st</sup> Monday is a holiday)

Time: 6 p.m.: Metastatic/Recurrence Group offers support and explores challenges face when disease returns.  
7 p.m.: Regular Group offers support and education through guest speakers, group discussion and field trips.  
Place: CTRC, 1<sup>st</sup> Floor Grossman Library - 7979 Wurzbach Road, San Antonio, TX 78229  
Contact: Suzi Emanuel - (210) 365-1321

**LACE (Life After Cancer Education):** Support group for WOMEN ONLY. Open to MILITARY ONLY.

Time: Meets 2<sup>nd</sup> Wednesday of each month - 10 a.m.  
Place: BAMC, General Surgery Clinic Conference Room - 3551 Roger Brooke Drive, Ft. Sam Houston, TX 78234  
Contact: Susie Ferise - (210) 916-4212 or Sandy Terrazzino - (210) 916-1312

**Peace Lutheran Breast Cancer Support Group:** Support group for all breast cancer patients.

Time: Meets 3<sup>rd</sup> Monday of each month - 9:30 a.m.  
Place: Peace Lutheran Church, 1147 South Walnut Avenue, New Braunfels, TX 78130  
Contact: Becky Vogels - (830) 625-1666

**PRMA Pink Ladies:** Open to all breast cancer patients.

Time: Meets 3<sup>rd</sup> Wednesday of each month - 6-7:30 p.m. (day and time can change)  
Place: PRMA Lobby, 9635 Huebner Road, San Antonio, TX 78240 (location can change)  
Contact: Brandi Korman - (210) 692-1181